



Trauma Support Training Workshop

2 Day Training

This training is important for community workers who work with Indigenous, First Nations Inuit and Metis people. Education on understanding trauma and having the communication skills is important in working with trauma survivors.

- The 2 day workshop provides the necessary communication skills to assist trauma survivors, to release the traumatic stress from the muscles and organs, ground the client to feel safe within their mind and body, and educate the client on how trauma impacts the mind, body and spirit.
- The training workshop will also explore how trauma/adverse childhood experiences impacts developmental factors of life. Will include information on western and traditional healing exercises/ceremonies and practices, and provide an understanding of Post Traumatic Stress Disorder and the therapeutic process.

Location:	Date:
Fredericton, New Brunswick	April 15th & 16th, 2024
Ottawa, Ontario	April 4th & 5th, 2024
Sudbury, Ontario	April 11th & 12th, 2024
Winnipeg, Manitoba	April 8th & 9th, 2024

Location:	Date:
Prince Albert, Saskatchewan	April 22th & 23th, 2024
Edmonton, Alberta	April 25th & 26th, 2024
Vancouver, B.C	April 29th & 30th, 2024

For more information

www.restoringbalanceconsulting.com

Have any questions, please email:

restoringbalanceconsulting@hotmail.com

Training Information:

Registration Fee: \$389.00

Time: 9:00 am to 3:30 pm

1 hr lunch break, Training manual, Trauma Healing Guide and certificate provided